



Monarch Center for Autism

at Bellefaire JCB

Communication & Self-Regulation Frequently Asked Questions

Can my child use their communication device?

Yes. Residents may use their personal communication devices when appropriate. When needed, their Speech-Language Pathologist can help program and maintain the device.

Are there spaces where my child can take a break or decompress?

Yes. Monarch School has padded quiet rooms for de-escalation, while both the school and residential programs have Sensory Rooms that provide calming sights and sounds. Students also have access to gross motor rooms and outdoor playgrounds for movement and regulation. Residents may also use their bedrooms as safe, private spaces for relaxation and de-escalation.

How does Monarch support students during behavioral challenges?

All Monarch Center for Autism staff are trained in Safety-Care®, a crisis prevention approach that emphasizes prevention, de-escalation, safety, and the least restrictive interventions possible. Staff use proactive strategies and individualized supports to help residents manage challenging situations while maintaining dignity and safety.

